



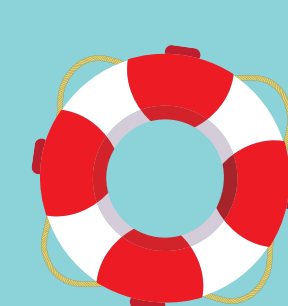
# Water Safety

FUN IN THE SUN  
FOR EVERYONE

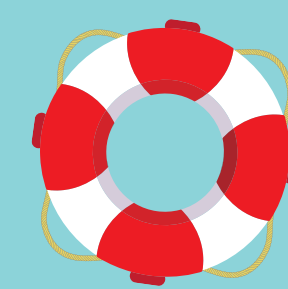
Summer is a great time to get outdoors and enjoy the water. With a few basic water safety precautions, everyone can avoid danger and keep having fun in the sun!



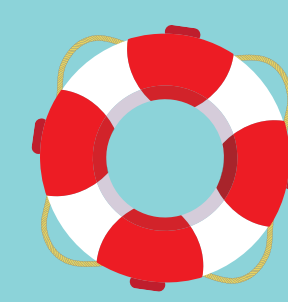
## cool tips to stay safe this summer!



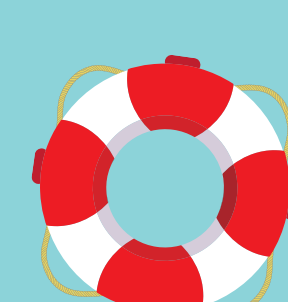
Always **swim in designated areas** with a lifeguard on duty.



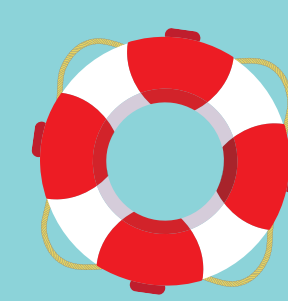
**Swimming lessons are important** - even for children as young as 1 to 4 years old.



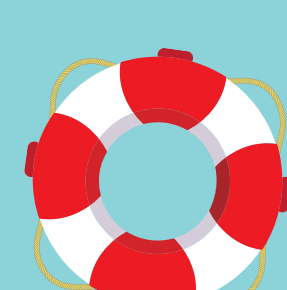
**Teach kids to always ask permission** before they go near the water.



**Apply sunblock and reapply often.**



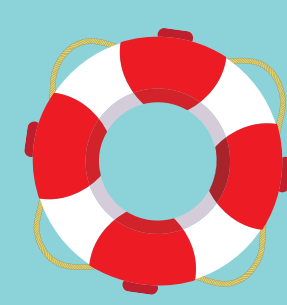
**Discourage play around drains** and suction fittings.



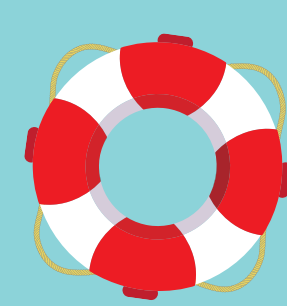
Use the buddy system — **NEVER SWIM ALONE!**



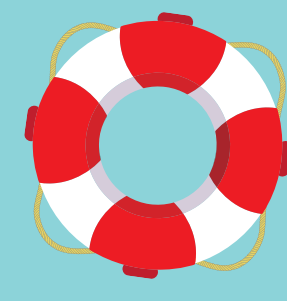
**Teach kids to walk not run**, around pools or near the water to discourage horseplay.



**Check weather forecasts, and watch for changing conditions.** Get kids out of the water if you hear or see a storm approaching.



**Never leave young children unattended** near water.



**Have young children and inexperienced swimmers wear U.S. Coast Guard-approved life jackets.** Inflatable toys and water wings can deflate or slip off and are not acceptable substitutes for life jackets.



## restrict access to the water

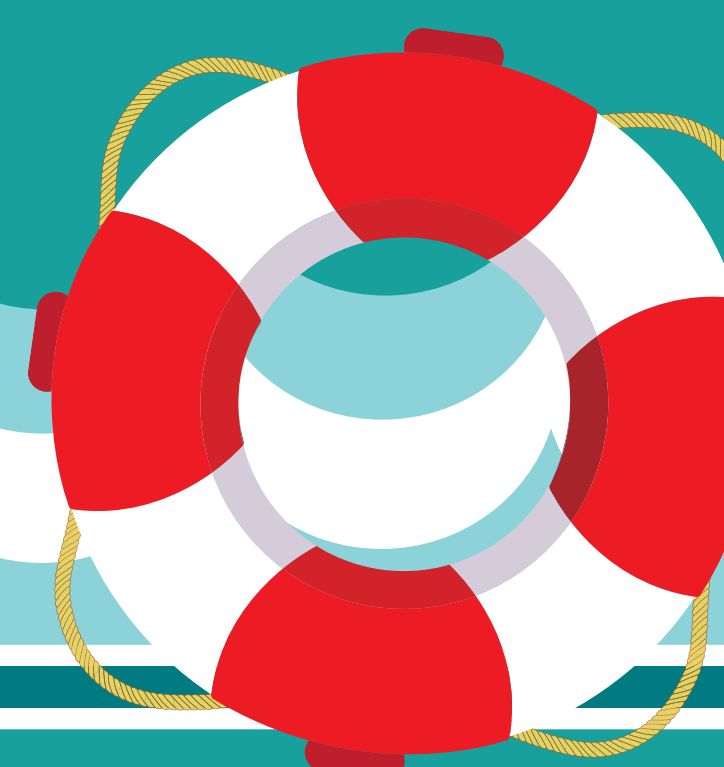
- ▲ Pool barriers should be at least 4-feet high and enclose the entire pool or hot tub area.
- ▲ Install pool alarms.
- ▲ Remove access ladders to above-ground or inflatable pools.

- ▲ Secure the safety cover when the pool is not in use.
- ▲ Remove any structures that provide access to the pool, such as outdoor furniture or playground equipment.

## beach safety



- ▲ **Watch for dangerous waves** and signs of strong currents.
- ▲ Teach kids to get free of a current by **swimming parallel to shoreline**. Once free, swim diagonally toward shore.
- ▲ **Keep children out of the water** if warning flags are up or if the surf appears rough.



## boat safety



- ▲ **Teach children to stay away from propellers** and not to jump off the front of a moving watercraft.
- ▲ **Never** overload a boat.
- ▲ If the boat turns over, **teach kids to stay with it** until help arrives.
- ▲ **Keep a radio on board** in order to check weather reports.



## what to do *in an* emergency

### be prepared- Learn CPR!

- ▲ **Take water safety, first aid, and CPR courses.**
- ▲ **The sooner CPR is given, the greater the chance for survival.** Studies have shown that even poorly-performed CPR can save a life!



- ▲ **SECONDS COUNT!** If a child is missing, check the water first.
- ▲ **Call 9-1-1** or your local emergency number.
- ▲ **Have appropriate safety equipment on-hand**, such as reaching or throwing equipment, life jackets, and a first aid kit.



**STAY SAFE ALL SUMMER LONG!**